

Pregnant? Top 3 Reasons Why You Need the **Flu Vaccine**

1 The flu is a serious illness that can be much more severe during pregnancy. It can be life-threatening for newborns and pregnant women.

2 Getting the flu vaccine during pregnancy helps protect your newborn from the flu until the baby is old enough for his or her own vaccine.

3 The flu vaccine is safe for both you and your fetus. You cannot get the flu from the flu vaccine.



Get the flu vaccine during **every pregnancy**, as soon as the vaccine is available. You can get the flu vaccine during any trimester.

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Pregnant? Top 3 Reasons Why You Need the **Tdap Vaccine**

1 The Tdap vaccine prevents whooping cough. This is a very serious, often life-threatening disease for babies.

2 Getting the Tdap vaccine during pregnancy helps protect your newborn from whooping cough until the baby is old enough for his or her own vaccine.

3 The Tdap vaccine is safe for both you and your fetus.



For the health of your baby:

Get the Tdap vaccine during **every pregnancy** between 27 and 36 weeks, as early in that window as possible.

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